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Heartis Amarillo Partners LP (Salus)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1  10:00 Donuts and Discussions, FL  1:00 Sweating it Out, FR  2:00 Elvis Rocking the House, B  3:00 Lotto aka Bingo, B  6:00 Crosswords, AR
2	3	4	5	6	7	8
 10:00 Sweating it Out, FR  10:30 Northside United Church, B  1:30 Sunday Services with David, B  2:30 Sundae Funday, B  6:00 Way Back	 10:00 Sweating it Out, FR  10:00 Resident Errands, FL  2:00 Arts and Crafts, AS  3:00 Lotto aka Bingo, B  6:00 Garden Club, GR	 10:00 Chapel with David, B  1:00 Resident Errands, FL  1:30 Devotional with David, VC  3:00 Book Club, SL  3:00 Malt Shop Fun, MS	 10:00 Sweating it Out, FR  11:00 Exciting Eateries, FL  1:00 Food Council Meet, SL  2:00 BSA HospiceCare of the Southwest Christmas Carols, FL  3:00 Lotto aka Bingo, B  6:00 Cinema and Popcorn, SL	 10:00 Sweating it Out, FR  11:00 Walmart Whisk, FR  2:00 Bridge Club, B  3:00 Thirsty Thursday, B  6:00 Night Bingo, B	 10:00 Sweating it Out, FR  1:00 Arts and Crafts, AS  2:00 Civic Sights, FL  3:00 New Resident Meet and Greet, FL	 10:00 Sweating it Out, FR  10:00 Donuts and Discussions, FL  2:00 Dominoes, B  3:00 Lotto aka Bingo, B  6:00 Crosswords, AR
9	10	11	12	13	14	15
 10:00 Sweating it Out, FR  1:30 Sunday Services with David, B  2:30 Sundae Funday, B  6:00 Way Back Westerns, SL	 10:00 Sweating it Out, FR  10:00 Resident Errands, FL  2:00 Arts and Crafts, AS  3:00 Lotto aka Bingo, B  6:00 Garden Club, GR	 10:00 Chapel with David, B  10:00 Sweating it Out, FR  1:00 Resident Errands, FL  1:30 Devotional with David, VC  3:00 Book Club, SL  3:00 Malt Shop Fun, MS	 10:00 Sweating it Out, FR  11:00 Exciting Eateries, FL  1:00 Activity Council Meeting, SL  2:00 Uno Attack, B  3:00 Lotto aka Bingo, B  6:00 Cinema and Popcorn, SL	 10:00 Sweating it Out, FR  11:00 Walmart Whisk, FR  2:00 Bridge Club, B  3:00 Thirsty Thursday, B  6:00 Night Bingo, B	 10:00 Sweating it Out, FR  1:00 Arts and Crafts, AS  2:00 Civic Sights, FL  3:00 Malt Shop Fun, MS  6:00 Cinema and	 10:00 Sweating it Out, FR  10:00 Donuts and Discussions, FL  2:00 Dominoes, B  3:00 Lotto aka Bingo, B  6:00 Crosswords, AR
16	17	18	19	20	21	22
 10:00 Sweating it Out, FR  1:30 Sunday Services with David, B  2:30 Sundae Funday, B  6:00 Way Back Westerns, SL	 10:00 Sweating it Out, FR  10:00 Resident Errands, FL  2:00 Arts and Crafts, AS  3:00 Lotto aka Bingo, B  6:00 Garden Club, GR	 10:00 Chapel with David, B  10:00 Sweating it Out, FR  1:00 Resident Errands, FL  1:30 Devotional with David, VC  3:00 Book Club, SL  3:00 Malt Shop Fun, MS	 10:00 Mesa Verde Choir, B  11:00 Exciting Eateries, FL  1:00 Resident Council Meeting, SL  2:00 Uno Attack, B  3:00 Lotto aka Bingo, B  6:00 Cinema and Popcorn, SL	 10:00 Sweating it Out, FR  11:00 Walmart Whisk, FR  2:00 Bridge Club, B  3:00 Thirsty Thursday, B  6:00 Night Bingo, B	 10:00 Sweating it Out, FR  1:00 Arts and Crafts, AS  2:00 Civic Sights, FL  3:00 Malt Shop Fun, MS  6:00 Cinema and	 10:00 Sweating it Out, FR  10:00 Donuts and Discussions, FL  2:00 Dominoes, B  3:00 Lotto aka Bingo, B  6:00 Crosswords, AR
23	24	25	26	27	28	29
 10:00 Sweating it Out, FR  1:30 Sunday Services with David, B  2:30 Sundae Funday, B  6:00 Way Back Westerns, SL	 10:00 Sweating it Out, FR  10:00 Resident Errands, FL  2:00 Arts and Crafts, AS  3:00 Lotto aka Bingo, B  6:00 Garden Club, GR	 10:00 Chapel with David, B  10:00 Sweating it Out, FR  1:00 Resident Errands, FL  1:30 Devotional with David, VC  3:00 Book Club, SL  3:00 Malt Shop Fun, MS	 10:00 Sweating it Out, FR  11:00 Exciting Eateries, FL  2:00 Uno Attack, B  3:00 Lotto aka Bingo, B  6:00 Cinema and Popcorn, SL	 10:00 Sweating it Out, FR  11:00 Walmart Whisk, FR  2:00 Bridge Club, B  3:00 Thirsty Thursday, B  6:00 Night Bingo, B	 10:00 Sweating it Out, FR  1:00 Arts and Crafts, AS  2:00 Civic Sights, FL  3:00 Malt Shop Fun, MS  3:00 Resident Birthday Bash, B  6:00 Cinema and Popcorn,	 10:00 Sweating it Out, FR  10:00 Donuts and Discussions, FL  2:00 Dominoes, B  3:00 Lotto aka Bingo, B  6:00 Crosswords, AR
30	31			MEETING PLACES		DIMENSIONS OF WELLNESS
 10:00 Sweating it Out, FR  1:30 Sunday Services with David, B  2:30 Sundae Funday, B  6:00 Way Back Westerns, SL	 10:00 Sweating it Out, FR  10:00 Resident Errands, FL  2:00 Arts and Crafts, AS  3:00 Lotto aka Bingo, B  6:00 Garden Club, GR			FL - Front Lobby FR - Fitness Room B - Bistro AR - Activity Room SL - Salus Living Theater AS - Art Studio GR - Garden Room VC - Valeo Theater	MS - Malt Shop	 Physical  Social  Spiritual  Intellectual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1  7:00 Our Morning Routine, <i>VD</i>  9:00 Our Daily Reminiscences, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  1:00 Aromatherapy and Sensory Corner, <i>VD</i>  2:00 Elvis Rocking the House, <i>B</i>  3:00 Saturday Night Bowling, <i>VC</i>
2	3	4	5	6	7	8
 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  10:30 Northside United Church, <i>B</i>  1:30 Sunday Services with David, <i>B</i>  2:30 Sunday Sundaes, <i>MS</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression/Christmas tree decorations, <i>AS</i>  2:30 Afternoon Bites, <i>VD</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Chapel with David, <i>B</i>  1:30 Devotional with David, <i>VC</i>  2:30 Afternoon Bites, <i>VD</i>  3:00 Hometown Heritage, <i>VD</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>  2:00 BSA HospiceCare of the Southwest Christmas Carols, <i>FL</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Tasty Treats, <i>B</i>  3:00 Thirsty Thursday, <i>B</i>  6:00 White Christmas with	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Aromatherapy and Sensory Corner, <i>VD</i>  3:00 Saturday Night Bowling, <i>VC</i>
9	10	11	12	13	14	15
 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:30 Sunday Services with David, <i>B</i>  2:30 Sunday Sundaes, <i>MS</i>  6:00 Manicures, <i>VD</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>  2:30 Afternoon Bites, <i>VD</i>  3:00 Heartis Cruise Club, <i>VC</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Chapel with David, <i>B</i>  10:00 Sweating it Out, <i>FR</i>  1:30 Devotional with David, <i>VC</i>  2:30 Afternoon Bites, <i>VD</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>  2:30 Afternoon Bites, <i>VD</i>  3:00 Heartis Harvest, <i>GH</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Tasty Treats, <i>B</i>  3:00 Thirsty Thursday, <i>B</i>  6:00 Miracle on 34th Street,	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Aromatherapy and Sensory Corner, <i>VD</i>  3:00 Saturday Night Bowling, <i>VC</i>
16	17	18	19	20	21	22
 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:30 Sunday Services with David, <i>B</i>  2:30 Sunday Sundaes, <i>MS</i>  6:00 Manicures, <i>VD</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>  2:30 Afternoon Bites, <i>VD</i>  3:00 Heartis Cruise Club, <i>VC</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Chapel with David, <i>B</i>  10:00 Sweating it Out, <i>FR</i>  1:30 Devotional with David, <i>VC</i>  2:30 Afternoon Bites, <i>VD</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Mesa Verde Choir, <i>B</i>  1:00 Creative Expression, <i>AS</i>  2:30 Afternoon Bites, <i>VD</i>  3:00 Heartis Harvest, <i>GH</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Tasty Treats, <i>B</i>  3:00 Thirsty Thursday, <i>B</i>  5:30 Cookies with Santa, <i>VC</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Aromatherapy and Sensory Corner, <i>VD</i>  3:00 Saturday Night Bowling, <i>VC</i>
23	24	25	26	27	28	29
 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:30 Sunday Services with David, <i>B</i>  2:30 Sunday Sundaes, <i>MS</i>  6:00 Manicures, <i>VD</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>  2:30 Afternoon Bites, <i>VD</i>  3:00 Heartis Cruise Club, <i>VC</i>	 12:01 Merry Christmas!!!, <i>VD</i>  7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Chapel with David, <i>B</i>  10:00 Sweating it Out, <i>FR</i>  1:30 Devotional with David, <i>VC</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>  2:30 Afternoon Bites, <i>VD</i>  3:00 Heartis Harvest, <i>GH</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Tasty Treats, <i>B</i>  3:00 Thirsty Thursday, <i>B</i>  6:00 Spaghetti Westerns, <i>VC</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Aromatherapy and Sensory Corner, <i>VD</i>  3:00 Saturday Night Bowling, <i>VC</i>
30	31			MEETING PLACES		DIMENSIONS OF WELLNESS
 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:30 Sunday Services with David, <i>B</i>  2:30 Sunday Sundaes, <i>MS</i>  6:00 Manicures, <i>VD</i>	 7:00 Our Morning Routine, <i>VD</i>  9:00 Today in History, <i>VD</i>  9:30 Morning Munchies, <i>VD</i>  10:00 Sweating it Out, <i>FR</i>  1:00 Creative Expression, <i>AS</i>  2:30 Afternoon Bites, <i>VD</i>  3:00 Heartis Cruise Club, <i>VC</i>			VD - Valeo Dining Room B - Bistro VC - Valeo Theater FR - Fitness Room MS - Malt Shop R6 - Route 66 AS - Art Studio FL - Front Lobby	GH - Green House	 Physical  Social  Spiritual  Intellectual